



火山 Kazan Plate for Oven or Grill Instruction Manual

Before you start using the 火山 Kazan Plate, read this Instruction Manual. After you have finished reading this manual, store the manual in a safe place so that it can be retrieved whenever necessary.

Caution!!!

- Avoid using detergents or soaps of any kind when cleaning. If used, the plate absorbs the detergents and attaches the detergents on the foods while grilling. The plate can be well cleaned only with the water.
- Do not attempt to remove the metal bracing. Even if the 火山 Kazan Plate is cracked or chipped due to mishandling it can still be used as normal. The bracing keeps the rock pressed together.

● **Preparation before first use**

1. First, check and make sure the surface side (shiny side) and the back side. The shiny side is the side you grill your food on.



2. Because of the nature of the stone 火山 Kazan Plate, it may have some stone powder from the manufacturing process on the surface. Before your first use of the 火山 Kazan Plate, please rinse the surface of the grilling side with water thoroughly (No detergent/soap). These methods are also good for rinsing your 火山 Kazan Plate: Submerging the 火山 Kazan Plate in boiling water for 10 minutes. You may also use a baking soda bath. We also sell special Kazan Soap specifically meant for cleaning the 火山 Kazan Plate.
3. After washing, let it dry naturally or heat up /dry with an oven or grill.

● **Preparation before grilling**

1. It is recommended to heat up the 火山 Kazan Plate before grilling the food in the oven since heating up the 火山 Kazan Plate takes time. It is a characteristic of 火山 Kazan Plates designed to hold heat for long periods of time.
2. Continuous use can lead to the 火山 Kazan Plate becoming too hot, this can char the surface of the food. To avoid an excessive char, in between uses you may use a wet towel and wipe off the surface of the 火山 Kazan Plate a few times in order to decrease the temperature. The evaporated moisture caused by wiping off the surface may be useful for restoring some moisture inside of the oven.

● **Use with a grill**

1. Heat up the 火山 Kazan Plate in advance for 20 to 40 minutes before use. The surface temperature of the 火山 Kazan Plate can reach between 200°F to 400°F. The desired temperature should vary depending on the food you intend to grill. After that you put the food on the 火山 Kazan Plate and start grilling. The cooking time varies depending on foods used. You should use your judgement to achieve your desired result. E.g., medium, medium rare, etc.

2. When using the 火山 Kazan Plate as a plate warmer, use an oven/microwave safe dish and put the 火山 Kazan Plate on it, after it has been heated for 10 to 20 minutes. For this use the temperature of the surface of the 火山 Kazan Plate should be between 170°F to 200°F. This way you can keep food warm for 20 to 40 minutes.

● **Use with an oven**

1. Heat up the 火山 Kazan Plate in advance for 20 to 40 minutes before use. The surface temperature of the 火山 Kazan Plate can reach between 200°F to 400°F. This can be controlled by your oven's temperature. The chosen temperature should vary depending on the food you intend to grill. After that you put the food on the 火山 Kazan Plate and start cooking in the oven. The cooking time may also vary depending on foods used. In this case you can use an aluminum sheet pan under the plate.
2. When using the 火山 Kazan Plate as a plate warmer, use an oven/microwave safe dish and put the 火山 Kazan Plate on it, after it has been heated for 10 to 20 minutes. For this use the temperature of the surface of the 火山 Kazan Plate should be between 170°F to 200°F. This way you can keep food warm for 20 to 40 minutes.
3. When grilling without a heat source, heat up the 火山 Kazan Plate for 30 to 60 minutes and put it on an oven/microwave safe dish. The surface temperature can reach a temperature of 450°F to 480°F. This will allow you to grill with the heat reserved inside of the 火山 Kazan Plate for 10 to 20 minutes. (Duration of cooking time will vary depending on the power of the oven and temperature used.)

● **Caution while using**

1. The radiated heat from the 火山 Kazan Plate may cause a difference between the actual internal temperature and the configured /displayed temperature of the oven.
2. The grilling time may be shortened due to the far-infrared effect of the 火山 Kazan Plate. Temperature control may be necessary for uniform cooking.
3. The thickness of the 火山 Kazan Plate may restrict the size of the food you can cook inside of your oven.
4. The 火山 Kazan Plate becomes very hot. Be careful to avoid burn injury.
5. The nature of the 火山 Kazan Plate as a genuine stone may cause cracks on the surface of the 火山 Kazan Plate, however the cracks don't affect the performance of the 火山 Kazan Plate.
6. Avoid pouring water on the 火山 Kazan Plate and/or dip it into the water while it is hot. Acute change in temperature deteriorates the 火山 Kazan Plate and causes cracks and/or splits.

● **After Use**

Make sure that the 火山 Kazan Plate becomes cooled down completely. We recommend waiting at least 1 full hour. Then scrub off the burnt dust on the surface with a steel scrub brush. If still some dust remains, wash it with hot or cold water. Store the 火山 Kazan Plate after it has dried completely.

Now Enjoy Cooking!